





5th Annual Los Altos Hills Pathways Run

Los Altos Hills Parks and Recreation

10K & 5K Run/1-Mile Fun Run and Walk	Saturday, May 6, 2006, 9:00 AM
FEES (Payable to LAHPRD)	AWARDS 5K & 10K Races
10K - \$20.00	Awards given to overall, male and female winners
5K - \$20.00	in age groups under-19, 20-29, 30-39, 40-49, 50-
1M - \$10.00	59, 60+
Team Registration (10 or more) \$10/Person*	
Race Day Registration – add \$5.00 * Call for Group Registration information	All children under 12 in the 1-mile fun run will receive a finisher's medal.

RACE TIMES & COURSE

5K and 10K races start at 9:00 AM at Westwind Community Barn located at 27210 Altamont Road. 1-mile fun run starts at 10:30 AM. The running course consists of rolling hills through the Los Altos Hills Pathway system and Byrne Preserve.

REGISTER BY MAIL

Registration forms must be postmarked by April 30, 2006. Mail completed and signed entry form to: LAHPRD, c/o Pathways Run, 26379 Fremont Rd., Los Altos Hills, CA 94022 (650-941-7222) Register online at http://www.active.com/event_detail.cfm?event_id=1296243 http://www.losaltoshills.ca.gov/recreation

Questions can be forwarded to: tmclemore@losaltoshills.ca.gov or scott@inet.sciences.com

SEX: M□ F□ AGE	6: 10K 🗆 5K 🗆 1 mile 🗆	OFFICIAL USE ONLY
LAST NAME:	FIRST NAME:	_
ADDRESS:		_
CITY:	STATE: ZIP:	_
TELEPHONE#:	EMAIL:	
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WAIVER OF LIABILITY

Release and assumption of risk. In consideration of the acceptance of my participation in the Los Altos Hills Pathways Run, I hereby release and discharge any and all claims for damages, death, personal injury or property damage which I (or my minor child, if applicable) may have, or which may hereafter accrue to me (or my minor child) as a result of my (or my minor child's) participation in this event. This release is intended to discharge in advance the Town of Los Altos Hills and its officials, agents, volunteers, employees and roadway or pathway property owners from and against any and all liabilities arising out of or connected in anyway with my participation (or minor child's participation) in this event, even though that liability may arise from their negligence in organizing, planning and implementing this event. I further understand that accidents can occur during the Los Altos Hills Pathway Run and participants in such events can sustain personal injuries and/or property damage as a consequence. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and discharge all of the persons or agencies motioned above who (through negligence or carelessness) might otherwise be liable to me (or minor child or my heirs or assigns) for losses, injuries, damages or liabilities. It is further understood and agreed that this waiver, release and assumption of risk is binding on my heirs, executors, administrators and assigns (and on my minor child, if applicable).

Signed:	Date:	